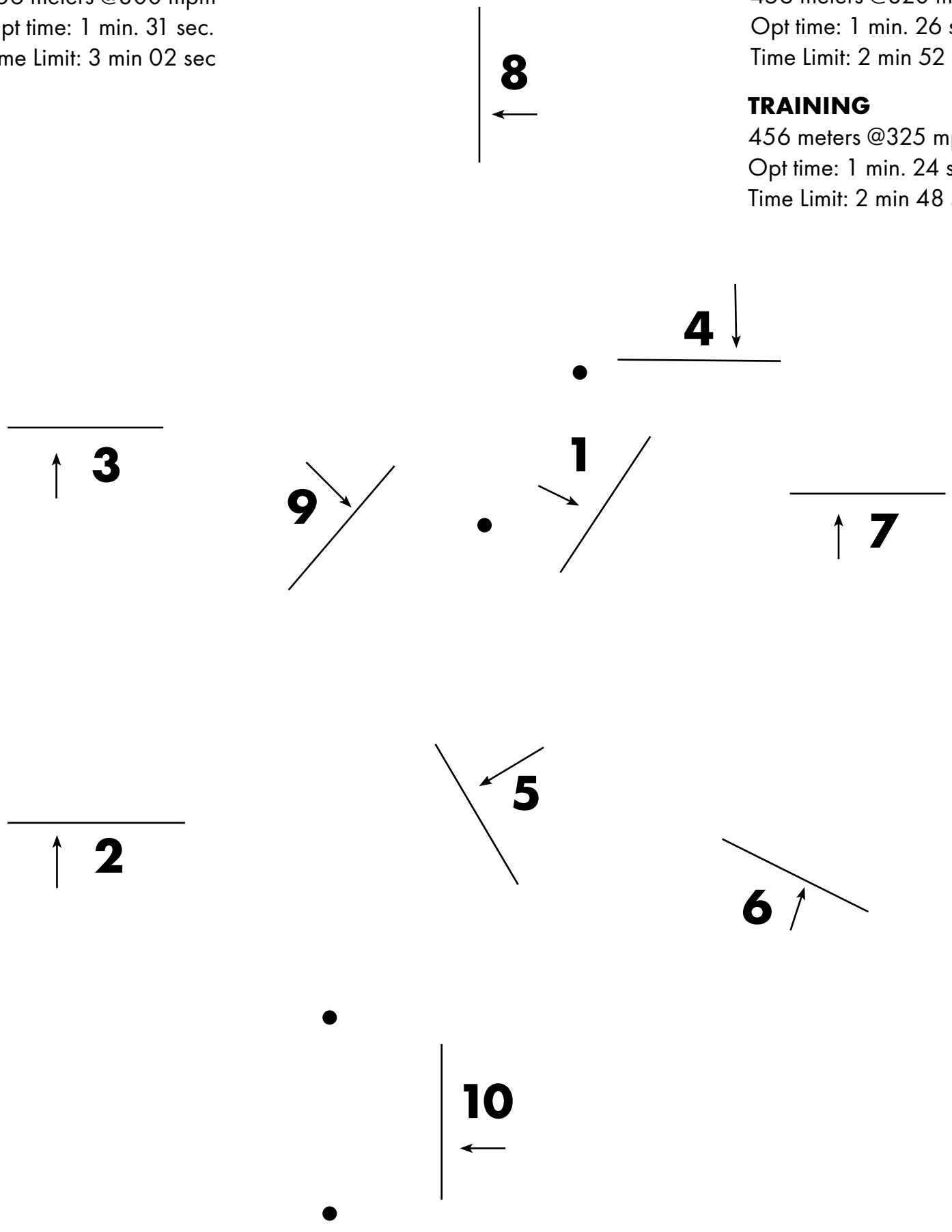
STADIUM

BEGINNER NOVICE
456 meters @300 mpm
Opt time: 1 min. 31 sec.
Time Limit: 3 min 02 sec

NOVICE
456 meters @320 mpm
Opt time: 1 min. 26 sec.
Time Limit: 2 min 52 sec

TRAINING
456 meters @325 mpm
Opt time: 1 min. 24 sec.
Time Limit: 2 min 48 sec